



LESLEY ELLIS ATHLETICS

2019/20 SEASON HANDBOOK

Welcome!

Lesley Ellis School Athletics

At Lesley Ellis School, we offer students a wide variety of educational opportunities and ambitious academic challenges. As an essential component of this program, middle school athletics helps students develop both socially and emotionally through physical activity and teamwork. Based on Lesley Ellis School values, the athletics program seeks to prepare students for future athletic opportunities by developing not only skill, but more importantly, character.



PROGRAM OVERVIEW

The middle school athletics program provides students the opportunity to participate in soccer in the fall, basketball in the winter, and cross-country in the spring. Through team practices and interscholastic games, students learn the fundamental skills and strategies of these sports. Lesley Ellis School competes in the Big MAC (Montessori Athletic Conference), playing similar middle schools throughout the Boston area.

Competition is introduced in a supportive environment promoting fair play and sportsmanship. The middle school athletics program seeks to develop character, build self-confidence, and promote physical wellness in each and every student.



Team Spirit!

The Lesley Ellis community supports the middle school athletics program by having "Team Spirit Day!" Students and faculty come to school wearing the school colors, green and orange, or wearing their Lesley Ellis apparel.





IMPORTANT DATES

SOCCER, FALL 2019

Soccer begins Tuesday, September 10, 2019.

Soccer ends Thursday, October 31, 2019.

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BASKETBALL, WINTER 2019/20

TEAM ELLIS – Basketball begins Monday November 25 2019.

Basketball ends Monday, March 2, 2020

TEAM LIONS – Basketball begins Tuesday November 26, 2019

Basketball ends Tuesday March 3, 2020

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CROSS-COUNTRY, SPRING 2020

Cross country begins Thursday, April 2, 2020.

Cross country ends Thursday, May 28, 2020.

ATTENDANCE AND SCHEDULE

Lesley Ellis School offers three seasons of sports: soccer in the fall; basketball in the winter; and cross country in the spring.

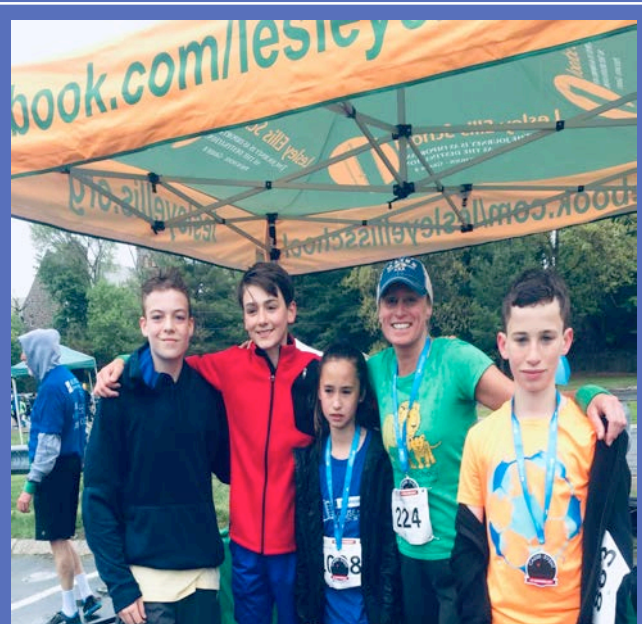
After school athletics is optional for middle schoolers. Students can also enroll in athletics by going to our website www.lesleyellis.org and click on Middle School.

The soccer and cross county season practices and games are scheduled on Tuesdays and Thursdays.

The basketball season will have a Monday team called team Ellis and a Tuesday team called Team Lions. Students sign up for one day only.

Practices are from 3:15-4:30 pm. Home and away games are from 4pm – 5pm.

For all away games (soccer, basketball and cross country) students travel in the Lesley Ellis School van.



The cross country team taking part in Cause and Event Arlington 5K 2019

UNIFORM & APPAREL

All students are required to wear Lesley Ellis School athletics apparel during practices and games. Practice uniforms can be purchased through the athletics department and are sold “at cost” to all Lesley Ellis School families. Practice uniforms will consist of a t-shirt and sweatshirt.

In addition to their practice uniforms, all students should be prepared with black shorts and socks, sneakers or soccer cleats, shin guards, and a water bottle.

Game uniforms are sport-specific and are the sole property of Lesley Ellis School. Students are issued game uniforms at the beginning of each athletics season and are expected to return the uniforms washed and in the same condition as they were received. If uniforms are not returned in a timely manner, or are returned damaged, students will be charged full price of the missing or damaged article.



Lesley Ellis School looks forward to starting our 2019/20 athletics season!

Go Lesley Ellis Lions!

Bex Craik

Athletics Director

Lesley Ellis School, Preschool- Grade 8

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